

WINTER / SPRING RECREATION GUIDE



JANUARY THROUGH APRIL 2024
REGISTER ONLINE WWW.ISLANDREC.ORG BEGINNING JANUARY 2

### **Special Events**



### **Island Rec**

San Juan Island Park & Recreation District

#### www.islandrec.org

(360) 378-4953 580 Guard Street • PO Box 1946 Friday Harbor, WA 98250

#### COMMISSIONERS

Chair: Bill Cumming Adam Eltinge Scott Zehner Shannon Miniken Allison Moalli

#### **DIRECTOR**

Kerry Jack, play@islandrec.org

#### **RECREATION MANAGER**

Bethany Klassen, bethany@islandrec.org

#### **RECREATION SPECIALISTS**

Nate Colegrove, nate@islandrec.org Jen Henry, jen@islandrec.org

#### **ADMINISTRATIVE COORDINATOR**

Kori Mapstead, admin@islandrec.org

#### **PARK MAINTENANCE**

Superintendent: Tracy Roberson tracy@islandrec.org

Lead: Mike Erickson mike@islandrec.org

Team: Luke Praschak luke@islandrec.org

### Father Daughter Dance All Ages

A favorite occasion for dressing up and having a great time. Mark your calendars and prepare to make some unforgettable memories at this exciting event! Scholarships are available.

Fairgrounds Main Building

F 6:45-8:45pm Feb 9 \$30.00/couple in advance or \$35.00/couple at the door. Additional daughters are \$8 each.

# Chili Cook Off Ages 16+ New!

Get ready for some friendly competition at Island Rec's Chili Cook Off! Battle it out for the prestigious title of San Juan Island's Best Chili. Register now to join the fun and compete. There will be awards for Judges Choice, Best All Around, Vegetarian and Crowd Favorite. Winners will receive the soon to be coveted "chili ladle" and other fun prizes. Free admission and chili tasting.

Brickworks Competitor Entry Fee: \$30 F Mar 1

### **Special Olympics** Ages 8+

In partnership with Joyce L. Sobel Family Resource Center and YAAS!, Island Rec is excited to announce another spring season of Special Olympics Washington on San Juan Island. This free opportunity gives individuals with disabilities the opportunity to train and compete in year-round sports activities. If you are interested in participating or coaching, please contact Jen Henry, jen@islandrec.org for details about registration.

Mar-Jun FREE

#### **75 Mile Challenge** All Ages

Join us for the March 75 mile challenge. Walk, run, or turn any other fitness activity into miles. Just grab your smartphone, watch, or any app you have and track your distance. Sign up by heading over to islandrec.org and filling out the google doc link on the events page. Let's do this! *Virtual* 

Mar 1-31 FREE

**Know Your Island Walks** will resume this Spring. Watch the events page at islandrec.org for updates.

### **Special Events**

#### St. Patrick's Day Scavenger Hunt All Ages

On St Patrick's Day, go hunting for those cool 4-leaf clover painted rocks in Island Rec's Parks, follow the clues and find a treat!

Island Rec's Parks

Su 10am-4pm Mar 17 FREE

### Sky Dome All Ages New!

Join the SJI Library and Island Rec to explore the wonders of the galaxy from the comfort of Earth! Each 45-minute session includes star identification, "zooming" to each of our planets, and an introduction to constellations. Registration is required through www.sjlib.org.

**FHES** 

Th 3 sessions beginning at 4pm Mar 21 FREE

#### Teen Flashlight Easter Egg Hunt Grades 6-12

Grab a flashlight and a bag for a challenging egg hunt amongst the driftwood. Bonfire and hanging out on the beach after.

Jackson Beach

F 8-9pm Mar 29 FREE

## Partial Solar Eclipse Viewing Party All Ages New!

Join us for a warm beverage and a fun view! The SJI Library and Island Rec will be at John O. Linde Park ready to watch the Partial Eclipse with the community. Don't forget your eclipse glasses!

Linde Park

M 11am Apr 8 FREE

### "Throwback to 1984" Family Dance All Ages New!

Never forget the best decade ever, the decade Island Rec was formed! Join us for the ultimate 80's themed dance party. Bring your favorite people, dress in your favorite 80's attire and dance the night away celebrating 40 years of Island Rec fun!

Brickworks

**Sa** 6:30-8:30pm **Apr 20** Early Fee \$15/\$20

### **Tour d'Family** All Ages

A family bike ride for all ages, coordinated by San Juan County Health and Community Services, The Trails Committee, and Island Rec. Bike together around Pear Point Loop and back. No pre-registration required, just come with your helmets and bikes! All young riders must have a parent or guardian with them. Limited loaner bikes available.

Skatepark Parking Lot

Su 10am-noon Apr 28 FREE

### Children's Festival Poster Contest

"Happy Birthday Island Rec" Ages 17 & under ~ Create a poster for San Juan Island's 32nd Children's Festival to be held on May 18 at Linde Park!

Prizes awarded for 1st, 2nd & 3rd place. Pick up an entry form from the Island Rec office starting March 4. Deadline to submit a poster is April 19.

### **Special Events**

### 100 Mile "Get Ready for Summer" May Challenge All Ages

Join us for the May 100 mile challenge. Walk, run, or turn any other fitness activity into miles. Just grab your smartphone, watch, or any app you have and track your distance. Sign up by heading over to islandrec.org and filling out the link on the events page. Let's do this!

Virtual May 1-31 FREE

#### **Island Kids Maker Fair** Grades 4-12

Island Rec is hosting the annual Island Kid's Maker Fair providing kids a forum to showcase their work. Booths are available for kids grades 4–12. With the help of parental supervision, young participants can produce their own products, set up their own booths, market their wares, interact with customers, manage money and build confidence and entrepreneurial skills! Please go to islandrec.org for additional details and event guidelines.

Brickworks

**F** 4–5:30pm **May 10** Early Fee \$25/\$30 per booth

### Children's Festival "Happy Birthday Island Rec" All Ages

Save the date for Island Rec's annual Children's Festival and help us celebrate our 40th birthday! A day of entirely FREE activities brought to you by Island Rec and many community businesses and organizations.

Linde Park

Sa 10am-2pm May 18 FREE

### School's Out K-5

### STAR Study Time & Afternoon Recreation Grades K-5

Supervised after-school program at FHES: games, activities, free time, homework time and a snack. Details and application at the Island Rec website. Scholarships available!

Regular School Days	2:45-6pm	\$13
Early Release Wed	1:30-6pm	\$15
Early Dismissal Days	11:10am-6pm (pre-registration required)	\$18

### School's Out Camp Grades K-5

Have some fun while school's out! Camp is based at FHES with various field trips. 8:30 am-3:30 pm with optional extended hours until 5:30 pm.

Mid-Winter Break Camp	Tu-F	8:30am-4:30pm	Feb 20-23
Early Fee \$35/\$40 per day		-	
Spring Break Camp	M-F	8:30am-4:30pm	Apr 8-12
Early Fee \$35/\$40 per day		-	_

**Scholarships** Island Rec offers scholarships in the form of reduced rates for San Juan Island Residents. If you are in need of financial assistance to participate in Island Rec programs, please apply for a scholarship online, or stop by our office. Additional scholarships are available through the generosity of the FANS Fund, which is supported by Families & Neighbors Support Island Rec.

### **Youth Programs**

# Pre-School Drop-In Gym Ages 2-5 New!

Join us on Saturday mornings for drop-in gym time with your little one. Enjoy time on the play mats, climbing wall, and in the gym. There will be running, jumping, laughing, and fun while developing gross motor skills and getting out of the house. Bring a strider bike or scooter for extra fun indoors! Active supervision by a guardian is required.

FHES Gym

**Sa** 9:30-10:30am **Jan 20-Mar 23** Drop-in Fee \$5

#### **Messy Me** Ages 2-5

Do you have a little explorer who loves to touch and feel everything around them? We have the perfect opportunity for them to indulge in their curiosity! Join us for this exciting event, co-hosted by the San Juan Island Library and Island Rec, where your child can freely explore sensory bins filled with fascinating materials and textures. Dress to get dirty! Active supervision by a guardian is required.

FHES Gym

**F** 2-3:30 pm **Mar 15** FREE

### Kid's Maker Workshop Grades 4-12

Are you a kid who has always wanted to be in a craft fair? Do you have an idea of something awesome you could sell? Join our workshops getting ready for the Island Kid's Maker Fair on May 10. We will brainstorm product ideas, talk about pricing, booth setup, customer interaction and managing money. Kid's will not create products during these workshops, that will need to happen at home. This class is NOT a prerequisite to participate in the Island Kid's Maker Fair.

Rec House

W 3:13 – 4:15 Mar 6, Apr 3 Early Fee \$7/\$12

#### **Lego Camp** Ages 5-12

Bring Minecraft to life using LEGO bricks! Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Enter Dragon from ending the world. Come explore the endless possibilities of LEGO with a trained Play-Well instructor. Students will have a blast, even without any prior experience with Minecraft or LEGO materials.

FHHS STEM Bldg.

 Ages 5-8
 M-F
 9am-Noon
 April 8-12
 Early Fee \$226/\$236

 Ages 9-12
 M-F
 1-4pm
 April 8-12
 Early Fee \$226/\$236

### Family Open Skate Theme Nights All Ages

Drop in the Fair Building for music, friends, and free-wheeling fun and exercise. You bring the wheels; we'll bring the tunes. Every week is a different theme! Youth under 12 must be accompanied by an adult. Helmets required for those under 18. Register online or pay cash at the door. \$5 skater/\$20 family/friend group (6 max.)

Saturdays from 6pm to 8:30pm at the Fairgrounds Main Building

Jan 6CosmicMar 990's NightJan 2080's NightMar 23Dreaming of Summer

Feb 3 Disco

### Youth & Teen Sports



### Swimming Lessons

For full descriptions see islandrec.org/swimming. All lessons will be held at the SJI Fitness Pool.

**Beginner Skills** Ages 4-9

**Jan 8-Feb 12** A 4:35-5:20pm Early Fee \$45/\$50

**Apr 15-May 20** M 4:35-5:20pm Early Fee \$45/\$50

Beginner Skills Ages 7+

**Feb 26-Mar 13** M/W 4:35-5:20pm Early Fee \$45/\$50

Float School Ages 7-13

**Feb 20-23 Tu-F** 4:35 – 5:35 pm Early Fee \$50/\$55

**Mar 18-Apr 3 M/W** 4:35-5:20pm Early Fee \$50/\$55

6

### **Roller Hockey** Ages 5-15

Learn new skills in this organized drop-in play indoors at the Fair Building. Long-time volunteer coaches will provide instruction on individual and team skills. Must provide your own equipment.

Fairgrounds Main Building

W 6-7pm **Jan 10-Mar 27** \$77 season/drop in \$7

### Beginner Skateboarding Ages 7-15 New!

Join instructors Greg and Bradley, skateboarders for over 25 years, for this beginner skateboarding program. Learn the FUNdamentals from the anatomy of a skateboard, to proper balance, rolling, turning, riding ramps, and even falling safely! Helmets and closed-toe shoes required. Loaner boards and helmets available, or bring your own.

Fairgrounds Main Building (No class Feb 9)

F 6-7pm **Jan 12-Feb 16** Early Fee \$70/\$75

### **Girls Basketball League** Grades 2-8

Register for this fun league with games played on Sundays at Turnbull Gym. Previous team experience not required. Leagues: 2nd/3rd grades, 4th/5th grades, and 6th/7th/8th grades. Volunteer coaches, scorekeepers and referees are needed!

FHES Gym

Practice starts the week of January 8, games are on **Sundays Jan 21-Feb 11**Early Fee \$45/\$50

### Youth Bowling League Grades 3-5 New!

Register for this new league with games played on Saturdays at *Paradise Lanes*. Previous bowling experience not required. First session will include a general bowling lesson. Teams will consist of four players. *Each team will need one parent supervisor present*.

**Sa** 11am-12:30pm **Mar 2-Apr 6** Early Fee \$35/\$40

### Future Hoopsters Basketball Grades K-3

Get ahead of the game with this 4-week developmental basketball program. This program is an excellent opportunity to learn about and enjoy the game of basketball. Children will improve their skills through a variety of fun basketball drills, games and activities.

FHES Gym

**Grades K-1 Tu** 3-3:45pm **Mar 5-26** Early Fee \$34/\$39 **Grades 2-3 Tu** 4-5pm **Mar 5-26** Early Fee \$34/\$39

### 580 Guard Street • (360) 378-4953 • admin@islandrec.org • www.islandrec.org

### **Teen Programs**

### **Teen Open Gym** Grades 6-12

Grab a friend and come out for some basketball or other indoor games at this free, drop-in program on Sunday nights. A parent waiver is required.

Turnbull Gym

Su 7-8:30pm Begins Jan 7 FREE

### Camp Orkila Day Trip Ages 11-14

Island Rec is taking over Camp Orkila for the day! Participants will take the ferry over to Orcas Island and participate in a variety of adventures, including rock climbing, archery, and zip lining. Program time subject to change due to ferry schedule.

YMCA Camp Orkila

**Tu** 9am-4pm **Apr 9** Early Fee \$83/\$88

# Outdoor Adventure for Teens All



#### Teen SJI Conservation Camp Grades 6-12

In partnership with the San Juan Island Conservation District, get to know our island through the lens of conservation, stewardship, and outdoor adventure! After meeting at the Rec House, you will be shuttled to various island locations to engage and connect with the natural world.

Rec House

Geocaching/Hiking	W	2-4:30pm	Jan 3, 17	Early Fee \$41/46
Marine Ecology	W	2-4:30pm	Feb 14, 28	Early Fee \$41/46
Citizen Science	$\mathbf{W}$	2-4:30pm	Mar 6, 20	Early Fee \$41/46
Art in Nature	W	2-4:30pm	Apr 3, 17	Early Fee \$41/46

#### **Teen Adventure Trips** Grades 6-12

Join us for monthly teen afterschool outings to various island destinations! These excursions will be centered around outdoor recreational activities, providing opportunities for enjoyment and exploration of different locations every session.

Rec House

Climb San Juan	$\mathbf{W}$	2-5pm	Jan 10	Early Fee \$24/\$29
JP's Bowling	Th	3-5:15pm	Feb 15	Early Fee \$14/\$19
Archery	F	3-5:30pm	Mar 8	Early Fee \$26/\$31
Alchemy	$\mathbf{W}$	2-4:30pm	Apr 24	Early Fee \$27/\$32

#### **Teen Field Days** Grades 6-12

Join us for teen afterschool field days at Linde Park. We will be offering activities such as ultimate frisbee, soccer, and other structured games as part of our afterschool program!

John O. Linde Community Park

W	2-4:30pm	Mar 13	Free
$\mathbf{W}$	2-4:30pm	Mar 27	Free
W	2-4:30pm	Apr 10	Free
W	2-4:30pm	May 1	Free

### **Teen Programs**

### DIY Skincare for Teens Grades 6-12 New!

Join a local herbalist in creating custom skin care products. We will be making a variety of all-natural products customized for teen skin issues. Teens will leave knowing how to make skin care products specifically for them.

Rec House

**Sa** 9-11am **Jan 20** Early Fee \$40/\$45

### **Babysitting Class Ages 11+**

Safe Sitter\* is a nationally recognized training program that teaches the skills to do the job well and earn parents' trust. Safe Sitters will leave this training with a valuable toolkit of medically accurate, up-to-date information and potentially life-saving skills to add to their babysitting resumes.

Frank Wilson EMS Building

**Tu/W** 9am-noon **Feb 20-21** Early Fee \$55/\$60

### Adult

# Woodburning Open Studio Ages 16+ New!

Try your hand at pyrography, the free-handed art of decorating wood with burn marks! Tools, basic instruction, and wood canvases provided for your intro into this art medium.

Rec House

**Tu** 6-7pm **Feb 20-Mar26** Drop-In \$5

# Visiting Artist Series Ages 16+ New

Join Island Rec for a series of workshops highlighting the skills and talents of visiting artists. All materials will be provided unless otherwise specified. Please see islandrec.org for full details. All workshops will be held at the *Grange*.

**Basket Weaving** 

Su	10-3pm	Feb 11	Basic Basket	Early Fee \$88/\$93
Sa	10-3pm	Mar 23	Melon Basket	Early Fee \$114/\$119
_	11 3 5 1 4 / 1	11 1	1.00	1 . 1

**Candle Making** (each session will explore different scent blending and techniques)

Tu	5-7pm	Feb 13	Early Fee \$73/\$78
Su	10am-noon	Mar 17	Early Fee \$71/\$76
F	5-7pm	May 3	Early Fee \$73/\$78

**Driftwood Macrame Wall Hanging** 

**Sa** 9am-noon **Feb 17** Early Fee \$102/\$107

**Macrame Plant Hangers** 

Tu 5-7:30pm Mar 19 Single Plant Hanger Early Fee \$84/\$89 Su 9am-noon May 5 Double Plant Hanger Early Fee \$88/\$93

### **Early Fee Deadline**

Early fee deadlines are two Thursdays before a class or event starts unless otherwise specified.

### Adult



### Indoor Pickleball Ages

16+

Register up to two weeks in advance for your preferred session. Tuesday nights are for beginners! Come learn how to play, build confidence, and practice your skills with others who are new to the game. See our website www.islandrec.org for info about levels.

Fairgrounds Main Building ~ Indoor Pickleball starts Jan 4

Level 2.5-4.0	M	5-6:30pm	\$8
Level 3.5+	M	6:30-8pm	\$8
Level 1.0-3.0	Tu	6-7:30pm	\$8
Level 3.5+	Th	6-8pm	\$10
Level 2.5-4.0	Sa	9-11am	\$10
Level 3.5+	Sa	11am-1pm	\$10

### Vinyasa Yoga with Flow Collective Ages 16+

Sierra will guide you as you flow through asana (physical poses) sequences meant to connect breath with movement in both a meditative and strengthening way. Work stagnant energies out of your body to ultimately prepare for the final relaxation pose.

Wayfinder Wellness

$\mathbf{W}$	6-7pm	Jan 10-31	Early Fee \$40/\$45
--------------	-------	-----------	---------------------

#### Karate All Ages

Learn and practice basic kicks and punches as well as self-defense techniques, mobility and agility skills, and traditional kata with Sensei SoRelle of Evergreen Kenpo.

FHES Gym

Sa	11am-noon	Jan 13-27	Early Fee \$5/\$10
Sa	11am-noon	Feb 3-24	Early Fee \$5/\$10
Sa	11am-noon	Mar 2-30	Early Fee \$5/\$10
Sa	11am-noon	Apr 6-27	Early Fee \$5/\$10

# Adult Drop-in Skateboarding Ages 16+ New!

All skill levels are invited to come skate, build skills, make friends, and have fun! We will provide volunteer coaching and free-skate options with ramps, ledges, and rails to hone your skills on. Under 18, helmets required. Loaner boards and helmets available to those without. Closed-toe shoes required.

Fairgrounds Main Building

F 7-8pm **Jan 12-Mar 29** \$55 season/drop in \$7

580 Guard Street • (360) 378-4953 • admin@islandrec.org • www.islandrec.org

### Adult

# **Birdwatching** Ages 16+

Explore San Juan Island with our eagle eye birdwatching guide, Tyler Davis. These walking tours will allow for opportunities to learn about the variety of birds and habitats right in our own backyard. No experience needed, but binoculars are highly recommended.



American Camp	Th	8-10am	Jan 11	Early Fee \$12/\$17
English Camp	Th	8-10am	Feb 8	Early Fee \$12/\$17
Jakle's Lagoon	Th	8-10am	Mar 14	Early Fee \$12/\$17
Lake Zylstra	Th	7-9am	Apr 11	Early Fee \$12/\$17
American Camp	Th	7-9am	Apr 25	Early Fee \$12/\$17
English Camp	Th	7-9am	May 9	Early Fee \$12/\$17

### First Aid & CPR Ages 15+

Upon successful completion of these classes you will gain life-saving skills and have a certification from the American Heart Association that is valid for two years.

Frank Wilson EMS Building

First Aid	M	5-9pm	Mar 11	Early Fee \$62/\$67
CPR	Th	5-8pm	Mar 14	Early Fee \$62/\$67

#### Pickleball Tournament Ages 16+

Calling all pickleball players for our annual pickleball tournament! Doubles tournament, prizes will be awarded to the 1st place winners in each bracket.

Tournament will be held at FHHS Tennis Courts ~ Registration opens April 1

Sa/Su 9am-4pm May 11, 12 Early Fee \$33/\$38 price per team

### Adult Co-ed Soccer League Ages 16+

**New teams welcome!** This co-ed league plays games on Tuesday and/or Thursday evenings, May 23rd-July 25. All players must register individually with Island Rec. Teams will be created based on individual player registration and limited to 20 players per team. All teams will compete in post-season tournament and will be limited to their finalized roster which is due 2 weeks before the end of the regular season.

Games will be held at Linde Park  $\sim$  Registration opens April 1

Mandatory captains meeting at the Island Rec office Th 5:15pm May 9

**CANCELLATIONS:** Sometimes programs are cancelled because people delay signing up. All programs must meet minimum attendance. By registering at least 2 weeks in advance of a program, you ensure we meet our program minimum and give us adequate time to prepare for you. Please register early to avoid disappointment.

# Adult Sports Drop-In Ages 16+

Drop-in and play! Located at *Turnbull Gym* (TG), the Fair Building (FB), and FHES. Updated schedule can be found at www.islandrec.org/calendar.

Open gyms begin the week of January 7

Indoor Soccer (FHES)	M	7-8:30pm	\$8	
Basketball (TG)	Tu	8-9:30pm	\$5	
Roller Hockey (FB)	$\mathbf{W}$	7-8:30pm	\$10	
Skateboarding (FB)	$\mathbf{F}$	7-8pm	\$7	
Ping Pong/Badminton (TG)	Su	4:30-6pm	\$5	
*Season passes available at www.islandrec.org				

# Lifelong Recreation 55+

### Strong & Fit Senior Fitness w/Boo Boo Ages 55+

Workouts focusing on strength training, core fitness, range of motion, and balance. Boo Boo will lead you through an array of exercises to keep you strong, fit, and healthy.

Annex Room at SII Fitness

Tu/Th/Sa	9:30-10:30am*	Jan 2-18	Early Fee \$33/\$38	
Tu/Th	9:30-10:30am	Feb 1-29	Early Fee \$38/\$43	
Tu/Th/Sa	9:30-10:30am*	Mar 12-30	Early Fee \$38/\$43	
Tu/Th/Sa	9:30-10:30am*	Apr 2-30	Early Fee \$57/\$62	
Tu/Th/Sa	9:30-10:30am*	May 2-30	Early Fee \$57/\$62	
*9:30-10:15am on Saturdays				

### Martial Arts and Movement Kata Class Ages 55+

Gain flexibility, strength, and mobility while learning traditional Karate katas with Sensei SoRelle of Evergreen Kenpo. Special focus will be placed on stretching and learning the beautiful stances and forms of the Kipon kata series at a methodical pace.

Mullis Center

M	10-11am	Jan 8-29	Early Fee \$5/\$10
M	10-11am	<b>Feb 5-26</b> (no class Feb 19)	Early Fee \$5/\$10
M	10-11am	Mar 4-25	Early Fee \$5/\$10

#### Yoga for Longevity with Flow Collective Ages 55+

Mariana will guide you to move slowly and deliberately through a gentle sequence of asanas (physical poses) that will help you stretch, feel calm and balanced. This class will create a stronger sense of peace and stability, not only physically, but mentally. We will be working with the 8 Limbs of Yoga to find a strong foundational practice that feels good and easeful in your body.

Mullis Center

Tu	9-10am	Jan 9-Feb 13	Early Fee \$65/\$70
Tu	9-10am	Apr 2-30	Early Fee \$54/\$59
F	11-Noon	Jan 5-Feb 9	Early Fee \$65/\$70
F	11-Noon	Apr 5-26	Early Fee \$42/\$47

Know Your Island Walks will resume this Spring. Watch the events page at islandrec.org for updates.



# **Celebrate with Island Rec!**

2024 marks the 40th anniversary of Island Rec and we are looking forward to a fabulous year of gweaways, special events and more.

Watch for announcements on our website, social media, and in the recreation guides to discover how to join in on the FUN!

Island Rec San Juan Island Park & Recreation District P.O. 1946 Friday Harbor, WA 98250 Pre-sorted Standard U.S. Postage PAID Friday Harbor, WA Permit No. 64 ECRWSS

Postal Customer