

Sports Fitness Activities

Name of Organization	Description of Program	Ages/Grade	Phone Number	Website/Email
SPORT/FITNESS ACTIVITIES				
Curves	Women's fitness center	12yrs+	378-7001	www.curves.com
Dance Workshop 2	Dance lessons & Yoga	3yrs+	378-4572	N/A
Halcyon Yoga	Yoga	12yr+	378-4216	www.halcyonyoga.org
Horseshu Guest Ranch	Horseback riding	ALL AGES	378-2298	www.horseshu.com
Island Aikido	Aikido Non Violent Martial Art	9yrs+	370-5444	N/A
Island Bicycles	Bicycle Shop, Sales and Rentals	ALL AGES	378-4941	www.islandbicycles.com
Island Rec (San Juan Island Park and Recreation District)	Badminton	15 - ADULTS	378-4953	www.islandrec.org
	Family Open Gyms	ALL AGES	378-4953	www.islandrec.org
	Family Open Skate	ALL AGES	378-4953	www.islanrec.org
	Indoor Soccer	15 - ADULTS	378-4953	www.islanrec.org
	Roller Hockey	5yrs+	378-4953	www.islandrec.org
	Men's Basketball	15 - ADULTS	378-4953	www.islandrec.org
	Teen Open Gym Free	6-12th	378-4953	www.islandrec.org
	Summer Sports Camps	4-16yrs	378-4953	www.islandrec.org
	Swim Lessons	Infants +	378-4953	www.islandrec.org
	Open Skate	ALL AGES	378-4953	www.islandrec.org
Namaste Yoga & Reiki	Yoga	13yrs+	298-1679	cathibrewer@msn.com
Paradise Lanes	Bowling	ALL AGES	370-5667	www.paradiselanes.net
Rennick Martial Arts	Tae Kwon Do	4yrs+	378-7536	N/A
Roche Harbor Pool	Swim Lessons/Pool (summer only)	ALL AGES	1-800-586-3590	www.rocheharbor.com
San Juan Archers	Archery Club	ADULTS	378-2634	Lefty@rockisland.com
San Juan Island Fitness Club	Fitness center/pool	ALL AGES	378-4449	www.sanjuanislandfitness.com
San Juan Golf and Country Club	Golf	ALL AGES / 12	378-2254	www.sanjuangolf.com
Yoga Path	Yoga	ALL AGES	378-3483	www.yogapath.com
San Juan Island Racquet Club	Community Tennis Club	ALL AGES	378-5462	N/A